



*I have two daughters.  
I have a promising career.  
I have meth addiction and depression.  
But most of all...*

*I have hope.*



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Lincoln, NE 68508  
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PLACE  
STAMP  
HERE



BACK ON TRACK  
914 L STREET  
LINCOLN, NE 68508



## Who We Are

Back on Track helps people get their lives Back on Track after use of alcohol or other drugs.

Back on Track is a group of citizens, treatment agencies, and community leaders in Lancaster County, Nebraska, whose mission is to remove the barriers that prevent people from getting treatment for substance use disorders.

Back on Track is building a groundswell of community support to make substance abuse treatment available on demand as it is for other illnesses.

Back on Track is a member of SAAC, the Substance Abuse Action Coalition. SAAC is a coalition of substance abuse and community agencies that address prevention, treatment, and criminal justice. While our focus is Lancaster County, Nebraska, many of the tasks we take on are statewide and even national in scope.

Back on Track is one of 29 groups affiliated with Robert Wood Johnson Foundation's national Demand Treatment! project.

## Treatment Works

Alcohol and drug dependence destroys lives. It destroys health, wealth, family, friendships, and spirit. It always has. Yet, it doesn't have to. More than two dozen agencies in Lincoln use science-based treatment methods that have proved successful in the lives of hundreds of Lincoln's recovering addicts.

Yet, alcohol and drug dependence still destroys lives. People who could be enjoying recovery and contributing to our community miss treatment because barriers block them. Today, this destruction is a crime because it is unnecessary.

- ❖ Some miss recovery because of shame, stigma, and hopelessness.
- ❖ Some miss recovery because many professionals miss opportunities to intervene.
- ❖ Some miss recovery because they lack money for treatment.
- ❖ Some miss recovery because they relapse while waiting to get into treatment.

Yet, we believe these problems can be overcome. We have formed the Back on Track movement with the mission to remove the barriers to treatment. Removing barriers will help people get their lives Back on Track. We invite you to join this movement, to increase health, and to save money by helping people get treatment when they need it.

- Yes, I want to make a difference by being part of the **BACK ON TRACK** movement.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

If you want updates on **BACK ON TRACK**, you can give us your contact information.\*

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Phone

\_\_\_\_\_  
E-Mail

Optional:

\_\_\_\_\_  
Age

\_\_\_\_\_  
Gender

\_\_\_\_\_  
Racial/Ethnic Group

Please send me information about how I could also support this mission by giving my:

- time     money

Contact **BACK ON TRACK** at:  
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\* All contact information will remain confidential.

